## EMERGENCY PREPAREDNESS AT WORK



Marin County is a beautiful place to work with a strong sense of community.

But it is also at high risk for earthquake, wildfire, and flooding. If you are employed within Marin County, there's a possibility that you may encounter an emergency situation and may need to evacuate your workplace or shelter-in-place.

During a disaster, our first responders may be overwhelmed, and it's up to all of us, as a community, to be prepared. That's when the emergency preparedness of Marin County's employees and residents will be vital to the safety of all.

Employees and residents of Marin County, let's start preparing ourselves now to ensure the safety and well-being of everyone. This guide aims to introduce the potential risks in our community and provide guidance on how you can prepare yourself and stay safe.

### **SIGN UP FOR ALERTS:**

**ALERTMARIN** Alert Marin sends alerts when **ACTION** is needed at a specific

address or neighborhood. Sign up at www.alertmarin.org

**NIXLE** Nixle is used when **INFORMATION** is needed in a specific zip code.

Text your zip code to 888-777

MYSHAKE Download the MyShake App to get early warning of significant

earthquakes in your area.

### **UNDERSTAND THE WARNINGS:**

PUBLIC SAFETY POWER SHUTOFF



A Public Safety Power Shutoff (PSPS) may happen when fire danger is high and weather conditions make it more likely that power lines and equipment could spark a fire. You can find resources and checklists to prepare for a Public PSPS at: https://www.pge.com/psps

RED FLAG WARNING



The National Weather Service (NWS) issues red flag warnings when weather conditions are right for extreme wildfire events. This is the time to stay on high alert and be ready to evacuate quickly.

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In the event of a fire, GET EVERYONE OUT, dial 911 and activate the fire alarm if possible.



In the event of a medical emergency in your workplace, dial 911 and provide your location and clear details of the emergency. Provide first aid care if you can. Ask your employer about first aid training.

### **EARTHQUAKES**



Earthquakes happen with little warning. If you feel shaking begin, **Drop, Cover and Hold On.** Drop down and get under a strong table. If you are not near a table, drop against an interior wall and cover your head and neck with your arms.

Stay a way from windows. If you are outside when the shaking starts, first move away from structures that could fall and **Drop**, **Cover**, **and Hold on**. After the shaking stops, check your surroundings for damage and assist anyone in need of first aid. Listen to local radio stations such as KWMR on 90.5 MHz or KCBS All News 106.9FM and 740AM for important information and instructions

## FLOODING & TSUNAMIS



Sea level rise and severe storms increase the risk of flooding in the low-lying areas. During a flooding situation, you likely will be asked to **Shelter in Place**. You may, however, be asked to move your vehicle to higher ground. If you must leave your workplace, **avoid driving on flooded roadways**. **Walk around flood waters** – it only takes 6 inches of moving water to knock you off your feet.

If you are trapped by moving water, move to the highest possible point and call 911.

During a tsunami, stay out of the water and away from beaches and waterways. Move to higher ground.

For more information on how to prepare yourself, family and work colleagues for a disaster, please visit **www.readymarin.org** 

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#### **LOCKDOWN**



A "lockdown" means **sheltering inside to prevent access from an outside intruder.** A lockdown requires locking doors and windows and barricading or blocking entry to a building. *Stay away from doors and windows, switch phones onto silent and stay silent and still.* 

## SHELTER IN PLACE

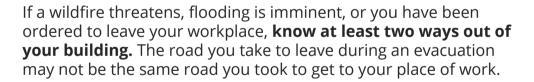


"Shelter in place" means **finding a safe location indoors and staying there until you are given an "all clear"** or told to evacuate. Certain situations — such as a weather emergency or an environmental hazard — require sheltering in place.

A shelter in place can also be called after a large-scale disaster like an earthquake. In that situation, you may need to rely on your own resources – so prepare what you would need to eat, sleep, and survive on your own for several days. If possible, have an emergency supplies bag packed in your car or left at your place of work.

Work with your place of business to ensure enough supplies to support employees to shelter in place during a large disaster.

#### EVACUATING YOUR WORKPLACE





Direct staff and customers to the nearest exit. To help move traffic quickly, try to carpool and evacuate with others. To prepare for an evacuation, have an emergency bag packed.

Know where your nearest Community Refuge Area is. This will provide a temporary safe location .

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